



Professor Andrew D. Toms, Consultant Orthopaedic Surgeon

## INTERESTS AND ACHIEVEMENTS

<b>YACHTING:</b>	Royal Yachting Association Coastal Skipper	1990	
	Yachtmaster Offshore	1990	
	Royal Ocean Racing Club Membership	1988	
	Skippered extensively on west coast of Scotland		
	Mitsubishi Hong Kong Classic	1991	
	Air New Zealand IMS International Regatta Auckland	1993	
	Royal Vancouver Yacht Club 3 <sup>rd</sup> in class	2004	
	NHS Sailing Regatta	2009/10	
	RYA Powerboat II	2013	
	RYA Safety and Rescue	2014	
RYA VHF Certificate	2015		
<b>SAILING:</b>	Seamanship I	1983	
	Seamanship II	1986	
	Racing I	1985	
	Instructor	1987	
	Racing, Enterprise World Championships	1985	
	Exe Sailing club member	2006	
<b>WINDSURFING:</b>	University Committee Member	1989	
	Keen short board sailor		
<b>RUGBY:</b>	Medical School	1st XV	1988/90
		1st VII	1988/90
	Presidents	1st XV	1993/95
	Tag Rugby Exeter Plate winners		2006
	Topsham Rugby Coach		2010-
<b>MOUNTAINEERING:</b>	Numerous lightweight camping expeditions particularly Cairngorms and Lake District		
	Three Peaks 24 hour challenge Group Leader		1992
	Annapurna Trek Nepal		1994
	Keen Mountain Biker		
	Mt Kenya climb group leader		2016
<b>SKIING:</b>	Canadian Ski School Advanced Level		
	Ski Mountaineering Southern Alps New Zealand		
	Ski Touring Austrian and Italian Alps		
	Ski Mountaineering Expedition Norway		2009/10/12
<b>DIVING:</b>	British Sub Aqua Club Novice Diver		
<b>MISCELLANEOUS:</b>	Organiser Oswestry Hospital Christmas Show		2003
	Member of Oswestry Hospital Cricket Team		2003/04
	52 mile Mountain Marathon 4 <sup>th</sup> Novice September		2000
	Silver and Gold Duke of Edinburgh Awards		
	Venture Scout Committee Member		1985/87
	Cub Scout Instructor		1984/87